



Momentous Coaching 10b Goldhawk Mews London W12 7BB

Qualifications and Professional Memberships.

Barbara has a broad range of experience and tools that she can draw on. Some of them mainstream, and others are rather more unusual and esoteric. These are particularly useful as they offer alternative techniques for situations which seem unsolvable to the client.

They are organised below from 'normal' to 'unusual'.

- Advanced Diploma in Coaching and Mentoring with the Oxford School of Coaching and Mentoring accredited by Oxford Brooks University
 - Level A & Level B BPS Certificate in Occupational testing,
 - Myers Briggs Type Indicator (MBTI) Step 1
 - MBTI Step 2
 - FIRO B - The Fundamental Interpersonal Relations Orientation-Behavior
 - CPI qualified - multi-purpose personality questionnaire
 - SDI qualified – Strength Deployment Inventory
 - B.T.E.C. Diploma in Management Studies
 - Diploma in Acting from the Royal Welsh College of Music and Drama (LWCMD)
 - Certified Master Practitioner of NLP
 - Certified Master Practitioner of Hypnotherapy
 - Trainer of NLP and Hypnotherapy
 - Master Practitioner in Time Line Therapy™,
 - Certified in Group Mastery by MGA Associates
 - Archetypal Branding – 12 energies to help us in our everyday lives
 - 'Symbolic Modelling' – using Metaphor to explore thinking
 - TFT (Thought Field Therapy) – tapping on meridiens to release negative emotions
 - Level 1 & 2 Huna – Ancient Hawaiian Teachings
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- Member of the British Psychological Society
 - Member of the Institute of Supervisory Management
 - Member of the European Mentoring and Coaching Council (EMCC)
 - Member of the International Coach Federation (ICF)
 - Member of the Institute of Directors